

	Oldfield Park Junior School		
	Sun Safety Policy/Procedures		
	Date	Author(s)	Notes
Drafted	4/5/16	Mr Goucher and Miss Butler	Guidance from Cancer Research
Implemented	5/5/16	Mr Goucher and Miss Butler	
Reviewed	17/5/17	Mr Goucher	Emailed to parents/carers

Rationale

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is enormous potential for schools to prevent skin cancer in future generations. Schools are central to protecting children's skin. This is because:

- ☒ Children are at school five out of seven days a week at times when UV rays are high.
- ☒ Most damage due to sun exposure occurs during school years.
- ☒ Schools can play a significant role in changing behaviours through role modelling and education.
- ☒ Students and teachers are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- ☒ Students spend an average of 1.5 hours outside per day, more if involved in sports or outdoor activities.
- ☒ Skin cancer is largely preventable through behaviour modification and sun protection during early years.

At Oldfield Park Junior School we want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this by raising pupil and parent awareness.

Implementation

Curriculum

- ☒ All pupils will have at least 1 *SunSmart* lesson per year.
- ☒ We will talk about how to be *SunSmart* in assembly during the summer term.
- ☒ Parents and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help.
- ☒ Sun safety to be included in the PSHE curriculum.
- ☒ Develop resources concerning sun protection in the library.

Protection

- ☒ Shade - children will be encouraged to sit in the shade in the playground and field.
- ☒ The availability of shade is considered when planning excursions and all outdoor activities.

Clothing

- ☒ Children should bring appropriate sun hats (clearly labelled with the child's name) to school to wear at playtimes and during outdoor PE lessons in the summer term.
- ☒ Children should wear T-shirts which cover their shoulders for PE lessons or long sleeves for playtime.
- ☒ Sports tops should not include vest tops.
- ☒ Children may bring in appropriate sun glasses – but they are brought in at the child's risk and remain the responsibility of the child.
- ☒ All teachers, teaching assistants and lunch-time supervisors will be encouraged to wear hats when on playground duty and during sports lessons, when necessary.

Sun Screen

- ☒ Sun screen use will be encouraged on school trips and for outdoor PE lessons.
- ☒ We will send a message in the school newsletter noting that children will need to apply their own sun screen during the summer months.
- ☒ Children are expected to bring their own sun screen (clearly labelled with their name) and apply it themselves.
- ☒ Children may only use their own sun screen.
- ☒ Teachers will not apply sun screen to any children.
- ☒ Parents are asked to teach their children how to sensibly use and apply these screens and will clearly label them and put them in their child's bag for their own use.

Role modelling

- ☒ Encourage staff to act as role models by:
 - Wearing protective hats, clothing and sunglasses when outside.
 - Apply SPF 30+ sunscreen.
 - Seek shade whenever possible.

Collaboration

The school will aim to work with parents, Governors and the wider community to reinforce awareness about sun safety and promote a healthy school.

This policy has been developed using the Cancer Research UK SunSmart Guidelines for Primary Schools.